

HUMAN GENETICS SOCIETY OF AUSTRALASIA

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Policy

Title:	Professional Practice for Genetic Counsellors
Document Number:	2024GC11
Publication Date:	April 2024
Location:	https://hgsa.org.au/Web/Web/Consumer-resources/Policies- Position-Statements.aspx
Replaces:	2023GC11 Professional Practice for Genetic Counsellors2022GC11 Professional Practice for Genetic Counsellors2019GC07 Recency and Resumption of Practice for Genetic Counsellors
Last Reviewed:	March 2023
Review Date:	1 April 2026

This document is published online, please access the most current version at the location above.

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1. Introduction

The purpose of this Policy is to ensure minimum standards for continuing genetic counselling practice, and a transparent mechanism to demonstrate the competence of practicing MHGSA/FHGSA genetic counsellors. It outlines the requirements for entry into genetic counselling practice, sets minimum practice requirements for practitioners to maintain their skills and competency, and a supportive pathway for genetic counsellors to return to active practice after a period of time out of the profession.

2. NASRHP Definition of 'practice'

For the purposes of regulation, the National Alliance of Self Regulating Health Professions (NASRHP) definition of practice has been adopted, as follows:

"[Practice]...indicates that an individual is drawing on their relevant professional skills and knowledge in the course of their work to contribute to safe and effective delivery of services within the profession.... It is not restricted to the provision of direct clinical care and may also include working in a direct nonclinical relationship with clients; working in management, administration, education, research, advisory, regulatory or policy development roles, for example. This work can be of a paid or formal volunteer nature on a full or part-time basis."¹

3. Professional status

The HGSA grants the title Member of the Human Genetics Society of Australasia (MHGSA) in recognition that a genetic counsellor meets the minimum educational requirements for employment as a genetic counsellor in any area of genetic counselling practice.

MHGSA status is an essential requirement for genetic counsellors to pursue Fellow of the Human Genetics Society of Australasia (FHGSA) status. The HGSA grants FHGSA status to genetic counsellors who have demonstrated their achievement of the HGSA Competency Standards for Genetic Counsellors to the Board of Censors for Genetic Counselling through submissions and supervised practice.

The HGSA Register of Genetic Counsellors lists both MHGSA and FHGSA genetic counsellors, who are expected to meet minimum continuing education, continuing practice requirements and make mandatory declarations for annual registration.

4. Registration Requirements

4.1. Initial Registration

4.1.1. HGSA Membership

All applicants are required to be a current financial member of the HGSA in order to apply for Registration. Information about applying for HGSA membership is available on the HGSA website. This membership is required to cover the administrative requirements of registration. Please ensure a current, regularly monitored email address is provided for correspondence.

You do not require membership of the Australasian Society of Genetic Counsellors (ASGC) to apply for HGSA Registration.

¹ NASRHP; Self Regulating Health Profession Peak Bodies Membership Standards; 2/12/2016

4.1.2. Application Form

The application form to join the HGSA Register of Genetic Counsellors is available on the HGSA website. NASRHP requires the following evidence at the time of initial registration.

4.1.3. Evidence

Mandatory evidence:

- Proof of identity according to the requirements for the Australian Federal Police 100 point checklist (afp.gov.au) and certified change of name documents if relevant.
- Evidence of a tertiary qualification in Genetic Counselling by providing:
 - Access to a secure online electronic copy of the applicant's academic transcript and granted qualification from the granting institution (e.g. via My eQuals Australia).
 - Only if a secure electronic access is not available, a copy of the academic transcript and qualification from the granting institution, which will be subject to primary source verification.
- Evidence of compliance with Recency of Practice requirements.

Other applicable evidence:

- Applicants who completed their qualification where English was not the first language of instruction and assessment may be required to provide evidence of English language proficiency (refer to the English Language Requirements for Genetic Counsellors Policy).
- Applicants who have completed Genetic Counselling Certification or Registration through an overseas body must provide evidence of Certification from the overseas body.

4.2. Application Review Process

All initial registration applications will be reviewed and assessed by the Professional Practice Committee. The committee meets monthly, and approval may take one or more months depending on the capacity of the committee, and when the application is submitted. Registration will not be complete until the Application has been approved by the committee.

Applicants submitting incomplete or unclear applications will be notified by email and asked to resubmit their application.

Successful applicants will be formally advised by email. They will then be entitled to use the title MHGSA. They will be automatically added to the HGSA Register of Genetic Counsellors with no additional fee until renewing their registration the following membership year. They will then be expected to meet annual CPD and practice requirements and make annual mandatory declarations to maintain their registration.

Unsuccessful applicants will be formally advised by letter forwarded to their email address. The letter will contain details regarding the reason/s for the unsuccessful application. The applicant will not be added to the Register of Genetic Counsellors. The application fee will not be refunded due to the administrative time required to assess the application. Applicants are strongly encouraged to read the eligibility and registration requirements prior to applying.

4.3. Mandatory Declarations

A mandatory declaration is included in the online application form at the time of registration. The practitioner must declare that they meet all of the requirements for registration and make any required disclosures, attest that all information provided is true and correct to the best of their knowledge, and agree

to notify the BOC as soon as practicable if any of this information changes.

4.4.Fee

Once the application form and mandatory declaration are complete, the applicant will be asked to check out online through the HGSA website, and the application fee will be applied.

- If the application is successful, this will be used as the first year's registration fee. Applications received from the 1st of January through to the 31st of March will apply through to the 31st of March the following year.
- If an application is unsuccessful, the application fee is retained to cover the administrative costs of the BOC and HGSA in assessing the application. If the same applicant makes another application in the future, a new application fee will apply for each subsequent application.

5. Entry into Practice

5.1. Eligibility for MHGSA

Genetic counsellors who have completed a tertiary qualification in genetic counselling can apply to the Professional Practice Committee to be granted MHGSA status. All applicants must be financial members of the HGSA.

5.1.1. Master of Genetic Counselling

Graduates of an HGSA accredited two-year Master of Genetic Counselling program are considered sufficiently competent to practise as entry-level genetic counsellors under appropriate supervision (see the Genetic Counselling Course Accreditation Committee page of the HGSA website).

MHGSA is <u>not</u> automatically granted for graduates. It is recommended that graduates with a Masters of Genetic Counselling apply for MHGSA at the earliest opportunity. Applications may be submitted at any time and will be reviewed regularly by the Professional Practice Committee.

5.1.2. Graduate Diploma Genetic Counsellors

Genetic counsellors who completed an accredited Graduate Diploma in Genetic Counselling prior to 2008 can also apply to the Professional Practice Committee for MHGSA status. This option will be obsolete after March 31st, 2023 – please see the HGSA Transitional Provisions for Board Eligibility, Certification, and Registration for Genetic Counsellors.

5.1.3. Overseas trained and/or certified genetic counsellors

Genetic counsellors who have trained or certified overseas may apply to the Professional Practice Committee for MHGSA status. The Committee will consider the relevance and transferability of their postgraduate qualification in genetic counselling obtained from an overseas institution. Applicants who completed their qualification where English was not the first language of instruction and assessment may be required to provide evidence of English language proficiency (refer to the English Language Requirements for Genetic Counsellors Policy.

5.2. MHGSA and Registration

Successful applicants will be entitled to use the title MHGSA. MHGSA genetic counsellors will be granted ACTIVE Registration as evidence that they meet entry-level requirements for employment as a genetic counsellor in Australia and New Zealand, and to undertake FHGSA certification in Genetic Counselling. After application to the Certification Committee, MHGSA practitioners working towards FHGSA clinical certification

will be granted PROVISIONAL registration status. See the HGSA Clinical Certification Policy for Genetic Counsellors.

6. Registration status

The HGSA maintains a Register of Genetic Counsellors who are regulated by the Board of Censors for Genetic Counselling. This register is intended to help clients and employers to identify genetic counsellors who have the appropriate education and training, and whose knowledge and skills are current.

6.1. Genetic counsellors with ACTIVE status

Any genetic counsellor can apply for MHGSA and ACTIVE status to be listed on the HGSA Register of Genetic Counsellors.

Genetic counsellors with ACTIVE status on the Register hold a tertiary qualification in genetic counselling recognised by the HGSA to enter practice as a genetic counsellor and meet annual requirements for registration. This applies to new graduates .

Genetic counsellors undertaking clinical practice as outlined in 6.3 Evidence of Practice (6.3.1 Clinically practicing genetic counsellors, page 6) should apply for clinical registration as described below.

6.2. Genetic counsellors with PROVISIONAL status

PROVISIONAL genetic counsellors are actively working towards clinical certification in a clinical role. They are qualified to see clients in clinical practice with additional supervision and/or continuing professional development, and meet annual requirements for registration.

After commencing clinical practice and meeting requirements, MHGSA genetic counsellors should make a first Submission for Clinical Certification to the Certification Committee to be granted PROVISIONAL status.

FHGSA genetic counsellors participating in a Resumption of Practice program administered by the Professional Practice Committee will also be granted PROVISIONAL status.

6.3. Genetic counsellors with REGISTERED status

REGISTERED genetic counsellors have been granted FHGSA Clinical Certification in Genetic Counselling, are actively working in genetic counselling practice, and meet ongoing annual requirements for registration. This is not restricted to clinical practice, and includes practice in other areas (see 2. NASRHP Definition of 'practice', page 3).

7. Recency of Practice

Recency of Practice refers to the period of time over which an individual has used their professional knowledge and skills, and the extent to which they have maintained their contemporary practice and competencies within a profession.

Where a certified practitioner cannot demonstrate recency of practice in line with the Policy, they must meet Resumption of Practice requirements to update their knowledge and skills and demonstrate their competence to practise in order to become recertified.

7.1. Practice hours

Any MHGSA or FHGSA genetic counsellor must be able to demonstrate at least 1000 hours of practice in a relevant role (see 2. NASRHP Definition of 'practice', page 3) in the previous five-year period in order to be considered as practising and to maintain their status on the HGSA Register of Genetic Counsellors. This is <u>not</u> restricted to clinical practice, and includes practice in other areas (see 2. NASRHP Definition of 'practice', page 3).

Genetic counsellors who have been practicing for less than five years will need to demonstrate pro rata hours of practice equivalent to 200 hours per year since commencing practice.

For graduates of an HGSA Accredited Master of Genetic Counselling course, the practical placement and clinical practice-related activities achieved during their Master of Genetic Counselling program are sufficient to apply for active status within 3 years of graduation. Refer to the Course Accreditation Policy for Masters of Genetic Counselling for details of placement and clinical practice activity hours.

PROVISIONAL clinical genetic counsellors undertaking certification or resumption of practice in a clinical role must be able to demonstrate that their role includes direct clinical contact. For the purpose of this Policy, clinical contact is defined as per the Definition of Clinical Contact in the HGSA Clinical Certification Policy for Genetic Counsellors.

7.2. Supervision in practice

Ongoing supervision is a foundation of reflective practice and is a requirement of genetic counselling practice. Actively practicing genetic counsellors in any area of practice will be required to provide evidence of appropriate supervision as defined in the HGSA Supervision Policy for Genetic Counsellors.

7.3. Evidence of practice

7.3.1. Clinically practicing genetic counsellors

Clinically practicing genetic counsellors must maintain and be able to provide:

- Written evidence of employment, such as a record of employment or employment contract.
- Evidence of supervision, as outlined in the HGSA Supervision Policy for Genetic Counsellors, such as a Supervision Contract. Supervision is a requirement for all practising genetic counsellors.

A Referee's report can be provided as evidence, including hours and type of work, hours of attendance at supervision, and evidence that the candidate practises within the HGSA Code of Ethics and Scope of Practice for Genetic Counsellors at the level of a competent practitioner (HGSA Competency Standards for Genetic Counsellors), can be given by the following referees:

- The most appropriate Referee's report is from a line manager or head of department who has at least two years post FHGSA (Genetic Counselling) certification and whose registration is current.
- Alternatively, if the line manager or head of department does not hold current FHGSA certification, two referee's reports should be provided, one from the line manager or head of department <u>AND</u> an additional report from an appropriate senior genetic counsellor colleague with at least two years post FHGSA certification whose registration is current. To avoid conflict of interest the referee should not in any way report to or be managed by the applicant and the report should state the nature of their professional relationship.

 In the absence of an appropriate referee with current FHGSA genetic counselling certification, the Professional Practice Committee may consider at least <u>two referee's</u> reports, at least one from a genetic counselling supervisor meeting the supervisor requirements as per the HGSA Supervision Policy for Genetic Counsellors. A current CV will be required for any referee who is not FHGSA in order to assess their suitability.

7.3.2. Genetic counsellors in other Areas of Practice

Individuals working in other areas of genetic counselling practice must maintain and be able to provide:

- Written evidence of employment such as a record of employment or employment contract.
 - <u>Alternatively</u>, if written evidence is not available, a Referee's report (below) can include details of hours worked.
- A formal job description from their employer.
- Evidence of supervision, as outlined in the HGSA Supervision Policy for Genetic Counsellors. Supervision is a requirement for all practising genetic counsellors.
- The Committee may require, at their discretion:
 - A statement highlighting how practice in their current employment meets the Scope of Practice and Competency Standards for Genetic Counsellors on a regular basis.
 - A reference from a senior genetic counsellor who is familiar with the practitioner's work and area of practice, who has at least two years post FHGSA (Genetic Counselling) certification and whose registration is current.
 - In the absence of an appropriate referee with current genetic counselling certification, the Professional Practice Committee may consider other appropriately qualified referees from the practitioner's area of practice. A current CV will be required for any referee who is not FHGSA in order to assess their suitability.

7.4. Practice Audit

Any genetic counsellor listed on the HGSA Register of Genetic Counsellors may be subject to audit. On request, practitioners must be able to provide evidence to validate claims of 'practice' (see 6.3 Evidence of Practice, page 6). Audits will be conducted by the Professional Practice Committee on an annual basis to ensure compliance with the Policy and address any situations where practitioners cannot demonstrate the required minimum hours to be considered practising. Practitioners who do not meet the requirements and/or fail to respond to the Audit may have their status on the Register changed to LAPSED.

8. Re-registration

Re-registration is required on an annual basis, and applies to all genetic counsellors with ACTIVE, PROVISIONAL, or REGISTERED status. In line with the HGSA membership year, re registration is open from the first of January to the 31st of March, for registration through till the 31st of March the following year. Re-registration requires renewal of the practitioner's mandatory declaration, and payment of the annual registration fee. Practitioners must maintain evidence that they meet the requirements for registration, including CPD, practice hours, and supervision, that may be requested in the event of an audit.

9. Resumption of Practice

9.1. Lapsed Registration

Genetic counsellors not working in clinical practice may still maintain ACTIVE or REGISTERED status on the

Register if they meet the minimum CPD and practice requirements (see 2. NASRHP Definition of 'practice' on page 3). Practitioners who do not submit mandatory declarations and/or who do not meet the recency of practice minimum requirement will no longer be considered registered practitioners. Their registration will become LAPSED, and they will not be entitled to use MHGSA or FHGSA titles, or act as a supervisor for the purposes of genetic counselling training, certification, or resumption of practice.

The maximum timeframe allowed for being LAPSED is three years. Within these three years, FHGSA genetic counsellors can apply to undertake Resumption of Practice (see below). If an application to undertake Resumption of Practice is not made within those three years, the practitioner's Registration will become EXPIRED. In order to recertify, these practitioners will need to re-apply to the Professional Practice Committee for Active status and to the Certification Committee to undertake FHGSA clinical certification.

9.1.1. Exclusions

MHGSA genetic counsellors undertaking certification are not eligible to undertake a Resumption of Practice Program through the Professional Practice Committee. They are required to notify the Certification Committee of changes to their circumstances (such as extended periods of leave) that may impact on their ability to meet the practice and other requirements of the genetic counselling certification process .

9.2. Applying for Resumption of Practice

Where a practitioner does not meet recency of practice requirements and becomes LAPSED, they must submit an application and a proposed resumption of practice plan to the Professional Practice Committee. Resumption of Practice applications will be assessed on a case-by-case basis, and Resumption of Practice plans will account for previous area/s of practice, the type of practice they are returning to, and the length of time they have been away from genetic counselling.

An application for Resumption of Practice will include:

- Demonstration of work in a role that will provide equivalent to at least 200 hours per year of genetic counselling practice.
- Genetic counsellors returning to clinical practice will need to demonstrate that their role includes direct clinical contact of at least 125 clinical contact hours over 3 years.
- A proposed CPD program, including:
 - $\circ~$ a log of any CPD activities undertaken since last registration, as described in the CPD standard.
 - A detailed outline of proposed CPD activity during the first 12 months of returning to practice.
 - The proposed CPD activity must meet or exceed the annual requirements outlined in the CPD Policy and should include both knowledge and skill-based activities directly related to the area of practice that the candidate is returning to.
 - Additional CPD activity may be required to meet the Competency Standards and may be requested at the discretion of the Professional Practice Committee.
- A summary of how this plan will assist to re-establish their skill and knowledge base in line with the Competency Standards, with a particular focus on the first three months of return to practice.
- Supervised mentoring of practice from commencement of active practice. Applicants must:

- Nominate a genetic counselling supervisor, undertake supervision, and provide a Supervisor Report Form with each submission meeting the requirements of the HGSA Supervision Policy for Genetic Counsellors.
- Additional or more frequent supervision or supervisors' reports may be required at the discretion of the Professional Practice Committee.

A practitioner undertaking an approved Resumption of Practice plan will be granted PROVISIONAL status on the register of genetic counsellors on the HSGA website. They will be required to maintain HGSA membership and Registration with the HGSA throughout the process unless the Board has granted exemption for exceptional circumstances. They will be subject to annual mandatory declarations and annual practice audit by the Professional Practice Committee. They will also be subject to annual CPD audit by the Continuing Professional Development Committee.

9.3. Restoring registration

REGISTERED status will only be granted once all requirements of the Resumption of Practice Plan are fulfilled and have been submitted to and approved by the Professional Practice Committee, including CPD requirements and supervisors' reports.

If the practitioner's registration has LAPSED and they do not commence a Resumption of Practice plan within three years, their Registration will become EXPIRED. In order to re-register, these practitioners will need to re-apply for MHGSA status and re-commence the Certification process.

10. Exclusions

According to NASRHP², continuing professional development (CPD) <u>does not</u> constitute practice, and it is addressed separately in the HGSA Continuing Professional Development (CPD) for Genetic Counsellors Policy.

11. Version History

26/04/2023	Updated to clarify requirements for evidence at application, account for ACTIVE status,
	and that PROVISIONAL status is not granted until Submission 1 (i.e. candidates remain
	"ACTIVE" until they make Sub 1 after 12 months/250 clinical hours.

12. Figure: Regulation Flowchart

Visit https://hgsa.org.au/Web/Consumer-resources/Genetic-Counselling.aspx

² NASRHP; Self Regulating Health Profession Peak Bodies Membership Standards; 2/12/2016